

MAKE IT A MEAL DEAL!

COMBINE ANY MAIN MEAL OR DAILY SPECIAL AND A DESSERT FOR £2.90

WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL		Beef Chilli Con Carne Mixed Rice & Sweetcorn	Sticky Band Band Chicken, Rice & Garlic Green Beans	Glazed Gammon, Crisp Roasties, Seasonal Vegetables & Gravy	Creamy Chicken, Spinach & Pesto Pasta Bake House Salad	Chip Shop "Fryday" Fish, Pizza or Fishcake with Chips & Peas
VEGETARIAN MEAL		Mixed Bean Chilli, Nacho Crumb, Mixed Rice & Sweetcorn (VE)	Sticky Plant Based Bang Bang Pieces, Rice & Garlic Green Peas (VE)	Vegetable 'Squashage' Roll Crisp Roasties, Seasonal Vegetables & Gravy	Arrabbiata 'Veggieball' Bake House Salad (V)	Smashed Veggie Burger Iceburg Lettuce & Perinnaise (VE)
PASTA POT		Pasta in a Cheese Sauce	Tomato & Basil Pasta	Pasta in a Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta
JACKET POTATO		CHEESE, TUNA OR BEANS AVAILABLE DAILY				
SELF SERVE SALAD BAR		Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz
COLD SUB ROLL		Ham & Cheese / Cheese Salad	Roasted Vegetable & Hummus	Tuna & Cucumber	Chicken Tikka Bloomer	Cheese Salad
HOT DESSERT		Vanilla Sponge & Custard	Chocolate & Orange Brownie	Biscoff Swirl Sponge	Oaty Apple Cumble	Fruit Fridge Cake
FRUIT		SELECTION OF WHOLE FRUIT AVAILABLE DAILY				

MAIN MEALS & DAILY SPECIALS

DESSERTS

MAKE IT A MEAL DEAL!

COMBINE ANY MAIN MEAL OR DAILY SPECIAL AND A DESSERT FOR £2.90

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Pork Sausage (Beef Casing) & Mash with Onion Gravy

Classic Beef Lasagna, Home Made Garlic Bread & Garden Peas

Sweet Chilli Chicken Kofta, Crisp Roasties, Seasonal Veg & Gravy

Chicken & Chickpea Korma, Carrot Rice & Spiced Roast Cauliflower

Chip Shop "Fryday" Fish, Pizza or Fishcake with Chips & Peas

VEGETARIAN MEAL

Crunchy French Onion & Leek Macaroni Cheese House Salad (V)

Vegan BBQ Boston Bean Sausage Casserole & Mash (V)

Greek Style Quorn Fillet with Lemon & Herb Roasted Potatoes, Veg & Gravy (V)

Cauliflower & Chickpea Korma, Carrot Rice & Spiced Roast Cauliflower (VE)

Vegan Moroccan Spiced Butternut Squash Pasty Chips & Peas (VE)

PASTA POT

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Creamy Pesto Pasta

JACKET POTATO

CHEESE, TUNA OR BEANS AVAILABLE DAILY

SELF SERVE SALAD BAR

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

COLD SUB ROLL

Ham & Cheese / Cheese Salad

Roasted Vegetable & Hummus

Tuna & Cucumber

Chicken Tikka Bloomer

Cheese Salad

HOT DESSERT

Waffle Berry Pudding

Apple & Cinnamon Pie

Lemon Sponge & Custard

Bakes Churros with Chocolate Sauce

Fruity Fridge Cake

FRUIT

SELECTION OF WHOLE FRUIT AVAILABLE DAILY

MAIN MEALS & DAILY SPECIALS

DESSERTS

MAKE IT A MEAL DEAL!

COMBINE ANY MAIN MEAL OR DAILY SPECIAL AND A DESSERT FOR £2.90

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Beef & Lentil Bolognese with Pasta & House Salad

BBQ Chicken, Salt ‘n’ Pepper Wedges & Spicy Slaw

Salt & Pepper Roast Chicken or Roast Pork Roasties, Seasonal Veg & Gravy

Chipotle Chicken Spicy Rice & Toasted Corn Salsa

Chip Shop "Fryday" Fish, Pizza or Fishcake with Chips & Peas

VEGETARIAN MEAL

Smashed Butternut Squash Pasta Bake House Salad (V)

Chipotle Quorn Dippers, Salt ‘n’ Pepper Wedges & Spicy Slaw (V)

Roasted Vegetable & Chickpea Pasty Roll Roasties, Seasonal Veg & Gravy (V)

BBQ Plant Based Pieces Spicy Rice & Toasted Corn Salsa (V)

Korean BBQ Bean Burger Chips & Peas (V)

PASTA POT

Pasta in a Cheese Sauce

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Creamy Pesto Pasta

Tomato & Basil Pasta

JACKET POTATO

CHEESE TUNA OR BEANS AVAILABLE DAILY

SELF SERVE SALAD BAR

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

COLD SUB ROLL

Ham & Cheese / Cheese Salad

Roasted Vegetable & Hummus

Tuna & Cucumber

Chicken Tikka Bloomer

Cheese Salad

HOT DESSERT

Chocolate Sponge & Chocolate Sauce

Brookie Bar

Toasted Coconut & Jam Sponge

Mixed Berry & Apple Crumble

Hot Chocolate Rocky Road & Custard

FRUIT

SELECTION OF WHOLE FRUIT AVAILABLE DAILY

MAIN MEALS & DAILY SPECIALS

DESSERTS